



January 05, 2017

Testimonial for Dr Mike Tumminello, Health Source Chiropractic

I have been battling with joint pain and swelling for 10 years, without any clear answers from doctors. Dr Mike has been telling my wife, for about a year now, that I need to do the inflammation cleanse. But of course, I have resisted because I thought changing what I ate would be too hard. If only I had listened sooner! After surgery on my shoulder, and several flare ups where I had a hard time walking, I broke down and did the cleanse. Let me tell you, 3 days into the cleanse I could close my hand into a tight fist, which I haven't been able to do for years. A few days later, my knees were no longer hurting and what I thought was arthritis in my big toe, which I couldn't even bend, has completely cleared up and has not returned. By the end of the cleanse, all my pain and stiffness throughout my body has gone away. Also, my acid reflux has improved and I am losing weight.

My concerns of a restricted diet were unfounded. I was eating delicious fresh meals everyday, and while I have cut things out of my diet it's not that hard considering the variety I have to choose from and how great I feel. I haven't felt this good in over 10 years! The results felt almost instant since I only finished the cleanse last week, and am continuing my new way of eating.

My wife also did the cleanse with me. She has always suffered breakouts, but now her skin is clear and radiant, and she has seen a change in her energy level.

Thank you doctor Mike for making me feel 10 years younger!!

Sincerely,

A handwritten signature in blue ink, appearing to read "Michael Como". The signature is fluid and cursive, with a large loop at the end.

Michael Como  
TruPro Mobile Technicians